Glenhaven, Onc.

Volume 1, Issue 2 April 2013

Happy Spring Time!

It's Construction Time!

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"Spring is the time of plans and projects."

~Leo Tolstoy, Anna Karenina



Administrator's Angle

On April 8th Glenhaven celebrated with a groundbreaking ceremony for the new building and renovation. Residents, tenants, staff, the Board of Directors, local businesses and many dignitaries from the state and local level were present. It was a great day and by the way the pictures showed it was a very festive time as well.

I would like to thank everyone that was here

that day and to those that have supported us to this point. It does take the community for the support that is needed during a project like this. This collaboration comes in many ways: volunteerism, monetary and so on. Without you, we would not have been here for 55 years!

If you have time, stop by and visit with us. Be it a quick stop for a cup of coffee or an extended visit for lunch and an activity. Your presence is always welcomed and appreciated!

From Glenhaven and all that have ties to it - Have a great Spring time (if it ever comes).

~Dave Prissel



Spring Cleaning Tips!

Consider doing these this spring:

- Wash overlooked surfaces (door frames, walls, etc)
- 2. Wash windows (do this on a cloudy day!)
- Clean sliding door tracks
- 4. Deep-clean carpets
- 5. Clean under furniture and appliances

- 6. Freshen furniture
- 7. Freshen window treatments
- 8. Dust light fixtures
- 9. Organize clutter
- Safety inspection (smoke alarms, fire extinguishers, etc)
- 11. Power wash exterior
- 12. Gutter maintenance
- 13. Outdoor furniture

(clean, repair, paint)

- 14. Freshen bedrooms (flip mattresses, wash mattress pads and bed skirts)
- 15. Clean your bathrooms (remove old products, replace worn shower curtains, etc)

Good luck and enjoy your clean, fresh home!

Carrot Cake

- 2 cups sugar
- 3 eggs
- 2 tsp cinnamon
- 2 tsp vanilla
- 2 cups shredded raw carrots
- 1 cup chopped walnuts
- 1 ½ cups oil
- 2 ½ cups flour
- 2 tsp baking soda
- 1 tsp salt
- 2 cups flaked coconut
- 1 cup crushed pineapple

Combine all ingredients in order given using a wooden spoon or mixer. Bake in a 9x13 pan at 350° for 50-60 minutes until cake springs back when lightly touched. Frosting: Cream cheese, $\frac{1}{2}$ cup butter, 2 Tbsp milk, $\frac{1}{2}$ tsp vanilla, powdered sugar.

Ardys Mounce

Make a Difference on Earth Day~April 22nd

A few things you can do to contribute to Earth Day include: planting trees, doing a road-side cleanup, recycling, make/buy your own Earth-friendly cleaning products, ride your bike instead of drive your car, use re-usable water bottles, do your laundry at night, and turn the water off when you are washing your face and

brushing your teeth.
Every day is Earth Day.
Anything to help our
environment is a perfect
thing to do on Earth Day
and every day. Don't
restrict yourself to just one
day a year; learn about
how you can make a
difference to
environmental protection
all the time. And put it
into practice - every day!



"April prepares her green traffic light and the world thinks Go."

~Christopher Morley, *John Mistletoe*

Glenhaven Addition and Remodel

In the next few issues, we will be laying out the groundwork for the addition and remodel to familiarize you more with what we are up to. To date we have pushed back the actual moving of earth to get started because Mother Nature is just not cooperating this year. Topics will include the Neighborhoods, Households, Room types, Town Center and the benefits to the residents, staff and community.

The neighborhoods and households at the new skilled nursing facility will create the immediate environment and surroundings where residents will dwell. Each area will have its own unique character and feel. Residents at The Neighborhoods at Glenhaven will live in one of two distinct neighborhood is comprised of two households, which accommodate 11 residents, 22

residents per neighborhood.
The neighborhoods and
households will include:

- Household Living Rooms
- Sun Rooms / Sitting Areas
- Neighborhood Outdoor Courtyard
- Central Dining Areas
- Household Kitchens
- Laundry Rooms
- Spa Areas with Beauty shop and massage table



Building Fund Donations

Glenhaven would like to thank all of the individuals who have donated!
Our Capital Campaign
Fund will be a three year drive to support the addition and renovation.
We also have a Garden
Fund which is for specified monies that are used for upkeep of the plants and gardens in and out of Glenhaven and

Havenwood.

There is also a **General Fund** which is for non-designated donations for general purchases.

Glenhaven is a 501C (3) as designated by the IRS. All donations are tax deductible as allowed by law.

If you are interested in donating, please refer to our Charitable Contributions section of our website (www.glenhaveninc.com) and print off the Donations Brochure. You can also visit us in the business office to receive a brochure.

"I love spring anywhere, but if I could choose I would always greet it in a garden."

~Ruth Stout

Long Term Care Week is May 13-17-"Team Care-Everyone Pitches In"

Monday: PJ Day 2:00 p.m. Scavenger Hunt

Tuesday: Miss-Match Day 12:00 p.m. Pizza Buffet 2:00 p.m. People Bingo



Wednesday: Farmer Day 10:00 a.m. Pin the tail on the donkey 10:30 a.m. Animal Name Game 2:00 p.m. Farm Animals (If you h

2:00 p.m. Farm Animals (If you have any animals to bring in feel free to do so!)

Thursday: Wear Blue Day 10:00 a.m. Entertainment 2:00 p.m. Making doughnuts and watching Blue Hawaii **Friday**: Wear your Glenhaven Attire 10:00 a.m. Making fruit salad 12:00 p.m. Grilling outside





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Upcoming Events

Spring Luncheon

On April 26th from 11:00 a.m. to 1:00 p.m. All donations go toward activities in the new building.

The tentative date for the Glenhaven Golf Outing Fundraiser will be June 22, 2013 at Glen Hills Golf Club. Mother's Day Tea

May 10th at 2:00 p.m. Hors 'd oeuvres, prizes and a program.

Resident Birthdays:

April
Eleanor Heutmaker
Appella Frank

Annella Frank Judy Peterson Jane Smith May
Jack Carter
Jim Knopps
Toola Garske
Erleen Schmidt

June
Elaine Lorenz
Evelyn Kilde
Clara Wickenhauser

Employee Anniversaries (April, May, June)

April

Ashley Sorenson-2 years Dave Prissel-6 years Rhonda Ross-1 year Dinah Harshman-18 years Shaunna Veenendall-1 year

May

Betty Booth-5 years Lindsey Manier-3 years Jodi Hall-2 years Kimberly Schlegel-2 years

June

Jessica Miner-2 years
Jordan Junker-1 year
Cindy Hughes-7 years
Karen Schwerdtfeger-1 year
Jenny Lindquist-1 year
Brandee Swenby-22 years
Patricia Trulen-1 year
Sorena Martin-2 years
Marcy Martig-5 years

