

# Happy New Year!

## A message from President of Board of Directors

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"Laughter is the sun  
that drives winter  
from the human  
face."  
~Victor Hugo

Like 'Glenhaven, Inc.'  
on Facebook to stay  
updated on the  
project!



On Tuesday, January 14<sup>th</sup>, Glenhaven suffered a setback. This was not a tragedy, nor a disaster, but it was most certainly a misfortune. The residents and staff were all kept safe and emergency personnel who responded to the fire were without injury. The welfare of the people is far more important than the loss of a building. In this sense, Glenhaven and the community were fortunate. I would like to commend our administrator, Dave Prissel, for the calm and thorough manner in which he handled the situation. The tone that he set carried through to all the staff. The number one priority of the employees was the safety and comfort of the residents. The entire staff was dedicated to this task and the residents knew that they were in a good place. I would also like to thank the residents of the community and surrounding communities who came to help in any way they could. Local and extended area businesses, in addition to the Red Cross, provided nourishment and support to the crews helping to

suppress the fire. The project is not a total loss. Even with the fire we are so much further ahead than we were three, two, or even one year ago. Many meetings and hours of preparation were invested even before the first shovelful of dirt was moved. Agstar and the USDA provided the loans for the project after many hours evaluating its feasibility. They were instrumental in the decision to move forward with the new nursing home. This work has not gone up in smoke. I am confident that from these ashes will rise a better Glenhaven and a better community. In the days ahead, decisions will be made and timelines will be set for the revised Glenhaven Project. Anyone who has been through a similar misfortune knows there are always additional costs that aren't covered by insurance. Although Agstar and USDA have already committed to helping us through this, we also desperately need the

financial help of the community. A Glenhaven Recovery Account has been set up at Hiawatha National Bank to ensure the continued success of the Mission of Glenhaven, Inc. Glenhaven is a 501c3 nonprofit organization which means that donations are tax deductible. Please make a personal visit to Glenhaven, or view the website at <http://www.glenhaveninc.com>. A half century ago the residents of this community stepped up in a big way and made the dream of Glenhaven a reality. Now it is our turn to give this fine home a nudge into the future. On behalf of the board of directors and the staff and residents of Glenhaven I thank you for all that you have done in the past and what I am confident you will do now.

John McCutchin  
Chairman of the Board of  
Directors  
Glenhaven, Inc.

## Mexican Pizza



2 tubes refrigerated crescent rolls (8 oz)	1 pkg (8 oz) cream cheese, softened
1 cup sour cream	1 lb ground beef
1 envelope taco seasoning mix	1 can ripe olives, sliced drained (2 ½ oz)
1 medium tomato, chopped	¾ cup shredded cheddar cheese
¾ cup shredded mozzarella cheese	1 cup shredded lettuce

Unroll crescent roll dough and place in an ungreased 15x10 inch baking pan. Flatten dough to fit the pan sealing seams and perforations. Bake at 375° for 8-10 minutes or until light golden brown; cool. In a small bowl, blend cream cheese and sour cream with wire whisk; spread over crust. Chill 30 minutes. Meanwhile in a skillet brown beef; drain. Stir in taco seasoning. Add water according to package directions and simmer for 5 minutes, stirring occasionally. Spread over cream cheese layer. Top with olives, tomato, cheeses and lettuce. Cut into serving size pieces. Serve immediately or refrigerate. 12-16 servings.

## Resident Drug Cards & Information

As a new year begins please remember to always bring in renewed or changed insurance information/cards so that we can keep our records up to date. This includes any supplemental, replacement or drug prescription plans. See the Business Office or Medical Records with the information and they will make the copies needed.



"No Winter lasts forever; no Spring skips its turn."

~Hal Borland

## Out Patient Therapy Services

Some of you may notice a few different faces in the therapy department at Glenhaven. My name is Lea Schumacher, I'm an Occupational Therapist Assistant and Program Director for the rehab team at Glenhaven. I'm here everyday of the week to ensure all of the therapy needs in this area are met. My team members for therapy services are now: Jan, Occupational Therapist; Heather, Physical Therapist; Tonya, Physical Therapist Assistant, Jason, Speech/Language Pathologist, and Cheryl, Rehab Tech. We are contracted therapists through RehabCare who bring many specialties and rehab services to the residents and community members of Glenwood City and the surrounding area. We offer our services not only to the residents of Glenhaven and Havenwood, but also on an

outpatient basis for elderly community members. Occupational Therapy services include, but are not limited to: upper extremity and hand strength/function, skills for daily living, edema management, pain control, adaptive devices and equipment to make you more independent, wheelchair positioning and mobility, and most of all increasing overall safety and independence in your own environment. Our OT staff listens carefully to what you want and need to be able to do every day and invest our time into helping achieve your highest level of independence. Physical Therapy services include: lower extremity strengthening/function, mobility and balance training

with or without a device, fall prevention, pain treatment and management, and endurance building. Speech Therapy services address: memory and attention deficits, problem solving skills, sequencing and planning ahead, maintaining your level of cognitive function to maintain daily activities, as well as any swallowing/dysphagia problems. Our ST staff takes time to evaluate your cognitive level and improve any problem area to allow less confusion with daily tasks. Whether you have had surgery, illness or you aren't steady on your feet, we can help. We are excited to be a part of Glenhaven and look forward to a visit from you soon!

# Administrator's Angle

We have many feelings racing through us as this article is written for our Glenhaven Newsletter! I had help this time from some of the Glenhaven Residents (Erleen, Jane and Clara). Emotions we all know and expect after an incident like this; sadness in the loss of our beautiful new home for our residents, happiness and even exuberation in the fact that no one was hurt or injured, melancholy about what to do next and can we do it all ourselves?

As John McCutchin wrote in the first article, he was correct in that it was only a setback, we will rebuild and move forward. With that, I would like to offer thanks for all the assistance from everyone that helped, with the realization that we are not

done and will need more assistance in the coming months/years. Excitement now begins to form out of the ashes! It has only been 3 weeks and we have begun a new journey. A temporary structure/enclosure is currently under construction for the insurances, engineers and consultants to begin to look for the cause of the fire. A new direction is being forged in the fact that we have the drive, the will and the energy to ensure that the new building is built. In the coming months we will know more about the cause, the salvage potential of what is left of the addition and more importantly a timeline to follow for our completion date.

Glenhaven, Inc. is a small

non-profit that relies heavily on donations of time, money and potentially other resources. We look to you now to help us rebuild. Donations into our current **Building Fund**, the newly created **Recovery Fund** (unexpected costs that arise from the fire that are not covered by insurances) will assist with ensuring that we follow our dreams and make them come true. God Bless you and the prayers and goodies you have sent us!

~Dave Prissel, Administrator



"While I relish our warm months, winter forms our character and brings out our best."  
~Tom Allen

## Interested in Helping?

If you're interested in helping Glenhaven through a monetary donation, please contact us or visit [www.glenhaveninc.com](http://www.glenhaveninc.com).

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Yes, I Want to Give!

Enclosed is my gift for \$\_\_\_\_\_. Please make checks payable to Glenhaven, Inc. and mail to the address on page 4.

Please Use Donation For:

- Building Fund
- Garden Fund
- Recovery Fund
- Other: \_\_\_\_\_

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INC.**

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We're on the Web!

See us at:

[www.glenhaveninc.com](http://www.glenhaveninc.com)



## Upcoming Events

**Valentine Royalty  
Crowning**

Friday, February 14<sup>th</sup>  
Time: 3:00 p.m.

**Resident Sweet Heart  
Dinner**

Lunch time on Friday,  
February 14<sup>th</sup>.

**Soup Luncheon**

Wednesday, February 19<sup>th</sup>  
11:00 a.m. to 1:00 p.m.  
Glenhaven Lobby  
\$10/All You Can Eat

**St. Patrick's Day Meal**

Monday, March 17<sup>th</sup>  
Corned Beef & Cabbage  
GC Community Center  
Details to follow.

**Resident Birthdays:**

January  
Gen Leier  
Ray McCarthy  
Eileen Schreiber  
Louise Ullom

February  
Sylvester Multhauf

## Employee Anniversaries (January, February, March)

**January**

Robin Merten-10 years  
Tammy Hiben-2 years  
Julie Schone-24 years  
Megan Goodell-3 years

**February**

Kayla Utecht-2 years  
Cassie Nykanen-2 years  
Star Obermueller-19 years  
Pat Edquist-4 years

**March**

Kathy Wente-5 years  
Nikki Bee-1 year  
Bob Gartmann- 2 years  
Melanie Cuper- 2 years  
Jody Graese-12 years  
Paula Brandt-7 years

